



# Think Together Times

Bi-Monthly



## WHAT'S NEW?

We are thrilled to announce that we have once again achieved accreditation from the Behavioral Health Center of Excellence (BHCQE). This accreditation reaffirms our commitment to providing high-quality, evidence-based therapeutic interventions to the community.

Earning accreditation from BHCQE is a testament to the dedication and hard work of our team members who strive to uphold the highest standards of care.

We are proud and honored to have received this accreditation, and we remain steadfast in our mission to provide exceptional services that make a positive difference in the lives of our clients and their families. Thank you to everyone who has supported us on this journey.



## UPCOMING EVENTS

- April 2nd Autism Awareness Day
- April 11th: Think's 11th Anniversary
- April is Autism Acceptance Month
- May 1st: Labor Day; Closed
- May 5th: Different Color Shoe Day
- June 2nd: Dino Day
- June 5th: World Environment Day



# THINK'S GOT TALENT

Written By: Alexandra "Allie" Wiegand, Clinical Director

Think's Got Talent was born from the passion of one of our very own children, ignited by his love for magic and his desire to share it with others. It's remarkable to think that a 6-year-old boy could be the driving force behind this now-yearly event. Yet, he was. This story exemplifies how, with the support of family, school, and a therapeutic team, a small idea can evolve into something that profoundly impacts the neurodivergent population and our community.

Think's Got Talent is not just a talent show; it serves as a platform for fostering inclusion and acceptance within our community. It offers a rare opportunity for individuals of all backgrounds and abilities to unite and challenge societal norms and expectations. Whether your talent aligns with conventional standards or challenges them, we encourage participation from all. From extraordinary memories to unconventional interests, we welcome and celebrate the diverse range of abilities that make each individual unique. This event is an effort to break down the barriers of stigma surrounding neurodiversity. Through Think's Got Talent, we aspire to cultivate a society that not only embraces but cherishes genuine inclusion and diversity at its core.

Neurodiversity, a concept gaining recognition, offers a positive perspective on disabilities. It promotes that neurological differences are a natural aspect of human development to be celebrated and included in society rather than stigmatized. Conditions such as Autism, ADHD, Dyslexia, Dysgraphia, and Dyscalculia represent various forms of neurodiversity.

While progress has been made, Bahrain still has significant strides to make in accepting differences and ensuring comprehensive support for individuals from infancy to adulthood.

You can contribute to Neurodiversity Awareness by:

- Participating in events like Think's Got Talent or Alia Schools Autism Run.
- Bringing a friend to a Neurodiversity event.
- Sporting the colorful infinity sign.
- Wearing Blue on April 2nd for World Autism Awareness Day.
- Advocating for a diverse workplace and policy changes.
- Listening to and learning from neurodivergent individuals and families.
- Volunteering at centers and schools.
- Promoting the hiring of neurodiverse individuals at your workplace.
- Donating to foundations such as Omneyat.
- Being an advocate by posting on social media.
- Educating yourself and others about common misconceptions.
- Teaching children about differences from an early age.
- Supporting neurodiversity-friendly businesses and employers.
- Reading books about autism and other forms of neurodiversity.

Together, let's continue to spread Neurodiversity Awareness and build a more inclusive and supportive community for all.



# FIELD TRIPS

Over the past few months, we've been out and about, exploring Bahrain and engaging in enriching experiences with our children.

In January, we embarked on a memorable trip to Aali, where both children and staff unleashed their creativity by crafting unique, hand-made pottery pieces. It was a delightful day filled with artistic expression and collaborative spirit.

February brought us to Tasneem Garden and Farm, where our children had an absolute blast! From enjoying the indoor play area to horse rides and feeding the animals, every moment was filled with joy and excitement. It was a fantastic opportunity for our clients to connect with nature and engage in sensory-rich activities.

These outings not only provide fun and memorable experiences but also promote socialization, sensory exploration, and skill development in a supportive and inclusive environment. We look forward to many more adventures ahead as we continue to nurture growth, exploration, and happiness in the lives of those we serve.



## DID YOU KNOW?

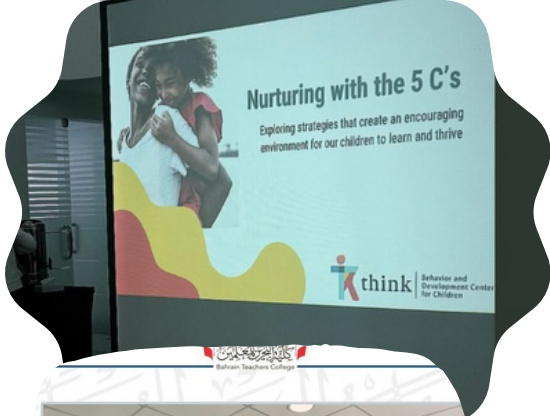
Think collaborated with the American Mission Hospital (AMH) during the Summer of 2023 for an inclusive camp! We welcomed children from ages 4 to 10. Campers were provided with opportunities to develop or maintain their social and play skills in a fun and engaging environment throughout the summer holiday. Themes included 'Space', 'Dream Job', 'Mother Nature', 'Animals', 'Ocean', and 'All Around the World'. Using a combination of indoor and outdoor activities, our campers tackled new learning opportunities, explored exciting adventures with their peers, and formed new friendships. Highlights of the camp included two splash days where the children got a chance to cool down in the summer heat, play with their peers, as well as enjoy delicious treats. Healthy meals were available from Calo, which were carefully crafted to meet the dietary needs of our campers. Community volunteers also joined us for the fun. Eman Veterinary brought animals for the children and taught them how to care for and treat animals such as a chicken, a cat, and a dog. Other community volunteers joined for song and dance through various mediums, such as instruments. Overall, the summer camp was a success, and it was a pleasure watching our campers experience a fun and engaging summer break with their peers! Stay tuned for our next summer adventure!

Dhana Solimon- Clinical Supervisor



# SPECIAL MOMENTS

March 2024





# GET COOKIN'


## VISUAL RECIPE

Print this page and cut out and order your own visual recipe! Enjoy!




### Pizza Quesadilla

2  Cover with cheese and add pepperoni

1  Place tortilla on plate

4  Warm marinara

5 Cook until melted dip & Enjoy!

3  Fold in half and cook on griddle or in microwave